

21st BNAC Nepal Study Days

Royal Botanic Gardens Edinburgh (RBGE) & University of Edinburgh (UoE)

13-14th May 2024

Contact email: bnacstudyday@gmail.com Phone: TBC

| Day 1: Monday 13 th May 2024 | |
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| @ ROYAL BOTANIC GARDENS EDINBURGH (RBGE) | |
| RBGE Science Building 20a Inverleith Row, Edinburgh, EH3 5LR (Google map) | |
| 9.00-9.30 | Registration |
| 9.30-9.45 | Welcome & Introduction: Mark Watson (RBGE), Ashrika Sharma (University of Edinburgh) & Sara Parker (BNAC Chairperson) |
| 9.45-11.00 | <div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> <p>Parallel Session A (Room TBC)</p> <p>1. POLITICS & CONFLICT (Chair TBC)</p> </div> <div style="width: 48%;"> <p>Parallel Session B (Room TBC)</p> <p>7. HEALTH & HEALTHCARE I (Chair TBC)</p> </div> </div> |
| <p>KEY:</p> <p>Paper = 15 minutes + 5 minutes Qs</p> | <p>Memory work and collective memorialisation: new initiatives to address the legacy of Nepal's conflict [Paper] Ruth Marsden <i>Freelance, UK</i></p> |
| <p>Pitch = 5 minutes + 5 minutes feedback</p> | <p>Nepali Migrant Workers and Their Workplace Occupational Health Hazards: A Scoping Review [Paper] Sharada P Wasti¹, Emmanuel Babatunde¹, Ayuska Shrestha², Pratikshya Wasti³, & Vijay S GC⁴ 1. <i>Uni. of Greenwich, UK</i> 2. <i>Nepal Disabled Women Association, Nepal</i> 3. <i>Nobel College, Nepal</i> 4. <i>Uni. of Huddersfield, UK</i></p> |
| <p>Poster = Mention + Showing</p> | <p>Understanding the power of cultural identity in political movements: a cultural political economy approach to the Madhesi uprising in Nepal [Paper] Clare Cummings <i>University of Manchester, UK</i></p> |
| | <p>When Nepali nurses become healthcare students' in the UK: emerging and rapidly developing area of 'care drain' [Paper] Jeevan Sharma¹, Radha Adhikari² & Reinaruth D. Carlos³ <i>Uni. of Edinburgh, UK</i> 2. <i>Uni. of West of Scotland, UK</i> 3. <i>Ryukoku Uni., Japan</i></p> |
| | <p>A short inquiry into the apparent 'punitive turn' in Nepal [Pitch] Charlotte Ramble <i>University of Cambridge, UK</i></p> |
| | <p>Factors affecting recruitment and integration of Nepalese nurses within the UK healthcare workforce: A mixed-method study [Paper] Sabina Shrestha, Bibha Simkhada, Padam Simkhada, Dillon Newton, <i>University of Huddersfield, UK</i></p> |
| | <p>Exploring yoga and compassion meditation for managing stress in mothers of children with intellectual disability – A qualitative feasibility study [POSTER] Namrata Pradhan¹, Gørill Haugan², Poonam Rishal³, Jennifer Infanti¹ 1. <i>Norwegian Uni. of Science and Technology (NTNU), Norway</i> 2. <i>Nord Uni., Norway</i>, 3. <i>Kathmandu University, Nepal</i></p> |

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| 11.00-11.30 | BREAK FOR TEA AND COFFEE Room TBC | |
| 11.30-12.45 | Parallel Session A (Room TBC) 2. DEVELOPMENT, ECONOMICS, EDUCATION (Chair TBC) | Parallel Session B (Room TBC) 8. HEALTH & HEALTHCARE II (Chair TBC) |
| <p>KEY:</p> <p>Paper = 15 minutes + 5 minutes Qs</p> | <p>The Urban Transition in Nepal’s western Tarai in the First Millennium CE [Paper] Jiajing M, Durham University, UK</p> | <p>Challenges and forms of coping and support in the daily lives of Nepali mothers of children with intellectual disabilities: a qualitative study [Paper] Namrata Pradhana*, Gørill Hauganb, Jennifer Infanti Norwegian University of Science and Technology (NTNU), Norway</p> |
| | <p>“It’s not like an office”: peer leadership in Kathmandu’s youth sector [Paper] Phonex Kenney University of Cambridge, UK</p> | <p>From Unemployment to Wellness: Transnational Connections as a Means of Creating Futures for Sowa Rigpa in Nepal [Paper] Patricia Mundelius University of Edinburgh, UK</p> |
| <p>Pitch = 5 minutes + 5 minutes feedback</p> | <p>Randomised controlled trials (RCTs) in education research; issues and challenges [Paper] Dev Raj Achary¹ & Rosemary Cann² 1. Uni. Of Wolverhampton, UK 2. Aberystwyth University, UK</p> | <p>Perspectives of the social determinants of injury and how these shape the incidence of unintentional injuries in rural Nepal [Paper] Katherine Weatherburn Kings College London, UK</p> |
| | <p>Tracing the interconnections in and of the Himalayas in the first millennium CE [Pitch] Jiajing Mo Durham University, UK</p> | |
| 12.45-1.45 | LUNCH Room TBC [BNAC Executive Committee Meeting] | |
| 1.45-3.00 | Parallel Session A (Room TBC) 3. MIGRATION & MOBILITY (Chair TBC) | Parallel Session B (Room TBC) 9. HEALTH & HEALTHCARE III (Chair TBC) |
| <p>KEY:</p> <p>Paper = 15 minutes + 5 minutes Qs</p> | <p>Masculinity, Migration and Work: Highly skilled Nepalis in Denmark [Paper] Malte Skov University of Manchester, UK</p> | <p>Experiences of menstruation amongst the Newars in Sankhu, Nepal [Paper] Sierra Humbert University of Copenhagen, Denmark</p> |
| | <p>Long term outcomes of return migration: Rural differentiation and class mobility in Nepal and Moldova [Paper] Fraser Sugden & Arjun Kharel University of Birmingham, UK</p> | <p>Studying the effect of federalization on Nepal’s health system: from participatory action research to producing policy briefs [Paper] S.R. Adhikari, P. Adhikary, J. Balen, S. Bhandari, A. Dhakal, S. Gautam, J.K. Karki, B. Koirala, A.C.K. Lee, S.B. Marahatta, R. Neupane, S. Panday, B. Rijal, S. Rushton, S. Sapkota, P.P. Simkhada, M. Subedi, E. van Teijlingen, & S.P.</p> |

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| 5 minutes + 5 minutes feedback | | Wasti <i>Uni. of Greenwich, Uni. of Sheffield, Uni. of Huddersfield, Canterbury Christ Church Uni., Uni. of Essex, Kathmandu Medical College, PHASE Nepal, Manmohan Memorial Institute of Health Sciences, Tribhuvan University</i> |
| Poster = Mention + Showing | Migration and the Persistence of Inequalities: Intergenerational migration from Nepal to the Persian Gulf [Paper] Amrita Limbu <i>University of Leeds, UK</i> | An exploration of the implementation and feasibility of an mHealth intervention to prevent unintentional injury in the family unit in rural Nepal [Pitch] Katherine Weatherburn <i>Kings College London, UK</i> |
| | | Health Providers' Perspectives on Facilitators and Barriers to Dengue Outbreak 2022 in the Kathmandu Valley [POSTER] Ruby Maka Shrestha, Bikram Poudel, Satish Bista, Biraj Man Karmacharya <i>Kathmandu University Hospital, Nepal</i> |
| 3.00-3.30 | BREAK FOR TEA AND COFFEE Room TBC | |
| 3.30-4.30 | Parallel Session A (Room TBC) 13. NEPAL STUDIES & TEACHING I | Parallel Session B (Room TBC) 15. MIGRATION & HEALTH |
| Panel = 1 hour | PANEL DISCUSSION Teaching and Learning on Higher Education field trips in Nepal CHAIR: Clare Barnes, University of Edinburgh, UK PANELISTS: Sara Parker, LJMU, UK; Margi Bryant, Uni. Of Sheffield, UK; Fraser Sugden, Uni. Of Birmingham, UK; Sam Staddon, Uni. of Edinburgh, UK | PANEL DISCUSSION Navigating Health Challenges: The Well-being of Nepali Migrant Workers CHAIR: Padam Simkhada, University of Huddersfield, UK PANELISTS: Edwin van Teijlingen, Pramod Regmi & Nirmal Aryal Bournemouth Uni., UK; Sharada P Wasti Uni. Of Greenwich, UK; Aliza KC Bhandari St. Luke's International University, Japan |
| 4.30-6.00 | FILM SHOWING & DISCUSSION WITH DIRECTORS Herne Katha https://hernekatha.com/ | FREE TIME TO EXPLORE THE BOTANIC GARDENS |
| 6.30 onwards | DINNER Passage to India 20 Union Place, Edinburgh, EH1 3NQ (1 mile or 25 minutes walk from RBGE) https://passage2india.co.uk/ (Google maps) £25 (Nepali Khana set with 3 starters) Payable direct to the Restuarant | |

Day 2: Tuesday 14th May 2024

@ UNIVERSITY OF EDINBURGH

Edinburgh Climate Change Institute (ECCI) High School Yards, Infirmary Street, Edinburgh, EH1 1LZ ([Google maps](#))

| 9.00-10.15 | Parallel Session A (Room: Training & Skills) 4. CULTURE & LITERATURE (Chair TBC) | Parallel Session B (Room: The Pod) 7. ENVIRONMENT & SOCIETY I (Chair TBC) |
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| <p>KEY:</p> <p>Paper =</p> | <p>When Brahmins are Shamans: Dealing with Unruly Spirits of the Dead in West Central Nepal [Paper] Krishna P. Adhikari & David N. Gellner <i>University of Oxford, UK</i></p> | <p>The effects of surface topography and basin layering on the earthquake ground motion intensities in intermontane-basin settings [Paper] Himanshu Agrawal & Mark Naylor <i>Uni. of Edinburgh, UK</i></p> |
| <p>15 minutes + 5 minutes Qs</p> | <p>A Tale of Three Shrines: On Spirit Possession, Occult Economies, and Ontological Doubt in the Himalayan foothills (Dang, Nepal) [Paper] Ina Zharkevich <i>Kings College London, UK</i></p> | <p>Jalthal Forest, Jhapa: a case study of community-led forest management [Paper] Mark Watson, Colin Pendry, Bhaskar Adhikari <i>RBGE, UK</i></p> |
| <p>Pitch =</p> <p>5 minutes + 5 minutes feedback</p> | <p>Dalit literature in India and Nepal: the question of authorial authority [Paper] Michael Hutt <i>SOAS, UK</i></p> | <p>In Our Hands: the crafting of a Place Based Creative Green Economy in Nepal [Paper] I Panneels <i>Napier University, UK</i></p> |
| <p>Poster =</p> <p>Mention + Showing</p> | | <p>Drainage reorganisation drives the origin and alteration of the Kathmandu Basin [POSTER] Prakash Pokhrel, Hugh Sinclair, Cristina Rodriguez, Mikael Attal, Simon Mudd <i>Uni. of Edinburgh, UK</i></p> <p>Impact of sediment transport on newly constructed embankments and flooding in the Himalayan Rivers in Nepal [POSTER] Saraswati Thapa, Hugh Sinclair, Maggie Creed, Alistair Borthwick <i>Uni. of Edinburgh, UK</i></p> |
| | | <p>Data Gaps and Challenges for Surface Water Flooding: A Comparative Case Approach in the UK and Nepal [POSTER] Purnima Acharya, Ed Rollason, Louise Bracken, Eleanor Starkey <i>Northumbria Uni., UK</i></p> |
| <p>10.15-10.45</p> | <p align="center">BREAK FOR TEA AND COFFEE</p> <p align="center">Room: ECCI Atrium</p> | |

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| 10.45-12.00 | Parallel Session A (Room: Training & Skills) 5. GENDER & IDENTITY I (Chair TBC) | Parallel Session B (Room: The Pod) 8. ENVIRONMENT & SOCIETY II (Chair TBC) |
| KEY: Paper = 15 minutes + 5 minutes Qs | Exploring marital relationships of left-behind wives of international labour migrants from Nepal: A mixed-methods study [Paper] Shraddha Manandhar¹, Edwin van Teijlingen², Padam Simkhada¹, Philip Brown¹ 1. <i>Huddersfield Uni., UK</i> ; 2. <i>Bournemouth Uni., UK</i> | We didn't start the fire! Decolonising narratives surrounding the climate and ecological crises and mental health and wellbeing to facilitate climate justice and equity [Paper] Samridha S. J. B. Rana, Paul Morris, Emily Pacheco, Caroline Brett <i>UoE, UK</i> |
| Pitch = 5 minutes + 5 minutes feedback | Experience of intimate partner violence among Nepalese women living in the UK [Paper] Bindu Devkota¹, Padam Simkhada¹, Dillon Newton¹, Sara Parker² 1. <i>Huddersfield Uni., UK</i> , 2. <i>Liverpool John Moore Uni., UK</i> | Perspectives on Environmental Change [Paper] Ben Campbell <i>Durham University, UK</i> |
| Poster = Mention + Showing | Gender, Resilience and Slow Violence in the City [Paper] Hanna Ruszczuk <i>Durham University, UK</i> | Participatory Mapping of Mobility: Understanding Dynamic Exposure to Cascading Mountain Hazards in Rural Nepal [Paper] Katherine Arrell¹, Katie Oven¹, Dipak Basnet², Nyima Dorjee Bhotia², Tek Bahadur Dong², Anuradha Puri², Nick Rosser³, Sarmila Paudyal⁴, Erin Harvey³ ¹ <i>Northumbria Uni., UK</i> , ² <i>Social Science Baha, Nepal</i> , ³ <i>Durham Uni. UK</i> ⁴ <i>National Society for Earthquake Technology, Nepal</i> |
| 12.00-1.00 | BNAC AGM & PhD Prize announcement | |
| 1.00-1.45 | LUNCH Room: ECCI Atrium | |
| 1.45-3.00 | Parallel Session A (Room: Training & Skills) 6. GENDER & IDENTITY II (Chair TBC) | Parallel Session B (Room: The Pod) 9. ENVIRONMENT & SOCIETY III (Chair TBC) |
| KEY: Paper = 15 minutes + 5 minutes Qs | Empowering Youth as Changemakers for Gender-Transformative Action: A Play-Based Participatory Approach in South-East Nepal [Paper] Sara Begg <i>Liverpool School of Tropical Medicine, UK</i> | Public Participation for Disaster Risk Reduction in Nepal: Gaps between Rhetoric and Practice [Paper] Ashrika Sharma¹, Kate Donovan¹, Sukanya Krishnamurthy¹, Maggie Creed² 1. <i>Uni. Of Edinburgh, UK</i> , 2. <i>Uni. Of Glasgow, UK</i> |
| Pitch = 5 minutes + 5 minutes feedback | '#gurkhaonthetrail': Masculinity, militarism and mountain sport amongst Nepali trail runners [Paper] Will Lloyd <i>Durham University, UK</i> | Enhancing earthquake preparedness knowledge and practice among Nepalese immigrants residing in Japan [Paper] Aliza K C Bhandari, Mahbubur Rahman & Osamu Takahashi <i>St Lukes International Uni, Japan</i> |
| Poster = Mention + Showing | Methodological reflections on doing fieldwork on menstruation as Menstruator in Western Nepal: Positionality, ethical dilemma, hidden struggle, and emotional toll of researching sensitive issues [Paper] Rajya Laxmi Gurung <i>Tribhuvan University, Nepal</i> | Living with hazards: how household dynamics shape people's vulnerabilities in the mid-hills of Nepal [Paper] Bina Khapung <i>Northumbria University, UK</i> |

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| 3.00-3.30 | BREAK FOR TEA AND COFFEE | |
| | Room: ECCI Atrium | |
| 3.30-4.30 | Parallel Session A (Room TBC) 14. NEPAL STUDIES & TEACHING II | Parallel Session B (Room TBC) 16. BOOK DISCUSSION |
| KEY: | PANEL DISCUSSION | BOOK DISCUSSION |
| Panel = 1 hour | Teaching Nepal and Himalayan Studies CHAIR & PANELISTS: Ian Harper & Jeevan Sharma, Uni. of Edinburgh; Michael Hutt, SOAS, UK; Sienna Craig, Dartmouth College, US. | Nepal's Dalits in Transition (Vaira Books) (Editors) Krishna P. Adhikari & David N. Gellner University of Oxford, UK |

THANK YOU SO MUCH FOR YOUR PARTICIPATION AND ENGAGEMENT IN THE NEPAL STUDY DAYS – We hope you find it interesting, insightful and inspiring 🙏

Organising Committee:

Bhaskar Adhikari, Colin Pendry & Mark Watson (RBGE)

Jeevan Sharma, Ian Harper, Ashrika Sharma & Sam Staddon (University of Edinburgh)

Sponsored by:

Centre for South Asian Studies (CSAS), Edinburgh Centre for Medical Anthropology (EdCMA), Social Anthropology Subject Area, School of GeoSciences and Royal Botanic Gardens Edinburgh (RBGE)